

EATT

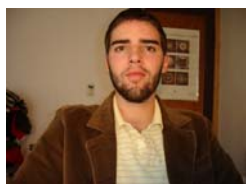
Early Adult Transition Task Force

Sponsored by: Michigan Department of Community Health,
Children's Special Health Care Services

January 2007



The Early Adult Transition Task-Force (EATT) is a group of young adults with special health care needs that have come together to educate other young adults about health care and the transition to adulthood. This newsletter is edited by young adults and features some of their writing. If you are interested in being part of the EATT or contributing to this newsletter all you have to do is call the Family Phone Line at 1-800-359-3722 and ask for Gina or e-mail her at tremontig@michigan.gov.



My Story....Matt

At the moment Michigan is in the middle of some very trying times. New legislators are coming in at the beginning of 2007. I would hope that they understand they are going to have to make some changes to help get the state out of its current mess. We as EATT Members cannot let them forget about the group that we represent. We are in search of affordable health coverage. We should obligate lawmakers to create an environment that makes health care a necessity and not a burden because of an economic disadvantage. The way I see it, the stresses associated with our diseases are enough. We should not need to worry about the never ending rise in cost of our prescriptions and insurance rates every year, and whether or not we can afford our most basic supplies. I am not asking for a free hand out, but at least a reasonable means for which I, as a full-time student with a part time job can afford my prescriptions. Something I've come to realize is that this isn't just my problem, but also the State's and the Nation's problem. However, the State of Massachusetts along with Canada currently has in place alternatives to the privately owned health care system, which could provide workable models for our representatives to work from. At the moment our privately owned health care is broadening the difference between the rich and the poor. The question becomes; are we as a part of the general public ready to grab the bull by the horns and demand that our representatives take action on this issue. But we need to share our concerns not only with our legislators, but also with our family and friends, along with the corporations that supply our medicines. We need to set a brush fire in the minds and hearts of everybody that this will be a cornerstone in maintaining the prosperity that so many Americans are in search of. After all, we can't obtain our goals without our health.

Children's Special Health Care Services (CSHCS)

Life after age 18

Because of privacy laws CSHCS has to make some changes in the way we communicate with you and your family after you turn 18.

*If you are turning 18, look out for a letter to come in the mail at the end of your birthday month explaining the changes about how CSHCS talks with you and your family. This letter will also include an authorization form if you would like CSHCS to speak with a family member about your coverage.

*If you are already over 18, look out for a similar letter to come in the mail that will also include an authorization form if you would like someone else to be able to access your health information

To find your legislators go to: Representatives: <http://house.michigan.gov>
Senators: <http://sentate.michigan.gov>



Transition Planning Worksheet

This worksheet is to help you plan for the transition to adulthood. Check the boxes below that apply at this time. You may also want to have a parent sit down with you to fill this out. After the worksheet is complete it can be used to find out what kind of planning you may need to start thinking about.

Transition Planning Worksheet		
I have planned for my:		
<input type="checkbox"/> Adult specialty medical care	<input type="checkbox"/> Adult dental care	
<input type="checkbox"/> Adult primary medical care	<input type="checkbox"/> Adult vision care	
I am able to:		
<input type="checkbox"/> Ask for assistance to care for myself	<input type="checkbox"/> Manage medications	
<input type="checkbox"/> Describe my medical condition	<input type="checkbox"/> Advocate for myself	
<input type="checkbox"/> Perform daily medical care/treatments	<input type="checkbox"/> Refill medications and supplies	
<input type="checkbox"/> Consent to medical care	<input type="checkbox"/> Understand my insurance coverage	
<input type="checkbox"/> Make medical appointments		
As an adult, my medical care will be paid for by:		
<input type="checkbox"/> Private health insurance through my employment	<input type="checkbox"/> Medicare	
<input type="checkbox"/> Family's private health insurance	<input type="checkbox"/> Medicaid	
<input type="checkbox"/> Trust/Will	<input type="checkbox"/> None of these apply	
I am able to:		
<input type="checkbox"/> Ask for assistance with my money	<input type="checkbox"/> Make financial decision	
<input type="checkbox"/> Earn money to pay bills	<input type="checkbox"/> Manage a credit card	
<input type="checkbox"/> Manage a checking or savings account	<input type="checkbox"/> None of these apply	
<input type="checkbox"/> Budget/ Money		
As an adult, my income will be from:		
<input type="checkbox"/> Employment	<input type="checkbox"/> SSI (Supplemental Social Security Income)	
<input type="checkbox"/> Trust/Will	<input type="checkbox"/> SSDI (Social Security Disability Insurance)	
<input type="checkbox"/> Family		
<input type="checkbox"/> Other _____		
As an adult, I will need transportation for:		
<input type="checkbox"/> Shopping	<input type="checkbox"/> Recreation	
<input type="checkbox"/> School	<input type="checkbox"/> Work	
<input type="checkbox"/> Appointments		
As an adult, my transportation will be provided by:		
<input type="checkbox"/> Self		
<input type="checkbox"/> Agencies (List: _____)		
<input type="checkbox"/> Family members (List: _____)		
<input type="checkbox"/> Public Transportation		
I have prepared for work through:		
<input type="checkbox"/> Household chores	<input type="checkbox"/> Part time job	
<input type="checkbox"/> Volunteering	<input type="checkbox"/> Job shadowing	
<input type="checkbox"/> Continuing education	<input type="checkbox"/> None of these apply	
<input type="checkbox"/> Work study programs		
After high school I will/have enter(ed):		
<input type="checkbox"/> Full-time employment	<input type="checkbox"/> Part-time employment	<input type="checkbox"/> None of these
<input type="checkbox"/> Continuing education	<input type="checkbox"/> Supported employment	apply
<input type="checkbox"/> Internship/apprenticeship	<input type="checkbox"/> Sheltered workshop	